

Carbon Leisure Winter 2014



PHOTO BY CORINA OTANI

**FREE
PLEASE
TAKE ONE**

GUIDE TO RECREATION & LIFELONG LEARNING OPPORTUNITIES IN CARBON COUNTY, UT

PUBLISHED BY CARBON COUNTY RECREATION • 435-636-3702 • www.carbonrec.com • SUPPLEMENT TO THE SUN ADVOCATE DEC. 31, 2013



Athletic Schedules

Baseball

Date	Opponent	Location	Time
Feb. 21	Luna Comm College	Las Vegas, NM	Noon
Feb. 21	Luna Comm College	Las Vegas, NM	3 pm
Feb. 22	Luna Comm College	Las Vegas, NM	TBA
Feb. 22	Luna Comm College	Las Vegas, NM	TBA
Feb. 28	College of So Nevada	Price	Noon
March 1	College of So Nevada	Price	Noon
March 7	Western State Colorado U	Price	Noon
March 8	Western State Colorado U	Price	Noon
March 12	Eastern Arizona College	Thatcher, AZ	2 pm
March 13	Eastern Arizona College	Thatcher, AZ	Noon
March 14	Eastern Arizona College	Thatcher, AZ	Noon
March 21	Colorado NW Comm College	Price	Noon
March 22	Colorado NW Comm College	Price	Noon
March 27	Salt Lake Community College	Price	Noon
March 29	Salt Lake Community College	Salt Lake City	Noon
March 31	Dawson Community College	Idaho Falls	Noon
April 1	Dawson Community College	Idaho Falls	Noon

Youth Baseball Camp Feb. 13
See page 9 for details

Women's Basketball

Date	Opponent	Location	Time
Jan. 4	Colorado NW CC	Price	3 pm
Jan. 9	Snow College	Ephraim	5:30 pm
Jan. 11	Salt Lake CC	Salt Lake City	3 pm
Jan. 16	College of So. Idaho	Twin Falls, ID	5:30 pm
Jan. 18	North Idaho College	Coeur d' Alene, ID	3 pm
Jan. 23	TBA	Price	TBA
Jan. 25	Colorado NWCC	Rangely, CO	3 pm
Jan. 30	Salt Lake CC	Price	5:30 pm
Feb. 1	Snow College	Price	3 pm
Feb. 6	College of So. Idaho	Price	5:30 pm
Feb. 8	North Idaho College	Price	3 pm
Feb. 15	Colorado NW CC	Price	3 pm
Feb. 20	Salt Lake CC	Salt Lake City	5:30 pm
Feb. 22	Snow College	Ephraim	3 pm
Feb. 27-Mar. 1	SWAC Tournament at Snow College in Ephraim, UT		

Men's Basketball

Date	Opponent	Location	Time
Jan. 1	W Wyoming CC	Rock Springs, WY	5 pm
Jan. 3	Colorado Kings	Price	7:30 pm
Jan. 4	Colorado NW CC	Price	3 pm
Jan. 9	Snow College	Ephraim	5:30 pm
Jan. 11	Salt Lake CC	Salt Lake City	3 pm
Jan. 16	College of So. Idaho	Twin Falls, ID	5:30 pm
Jan. 18	North Idaho College	Coeur d' Alene, ID	3 pm
Jan. 25	Colorado NW CC	Rangely, CO	3 pm
Jan. 30	Salt Lake CC	Price	5:30 pm
Feb. 1	Snow College	Price	3 pm
Feb. 6	College of So. Idaho	Price	5:30 pm
Feb. 8	North Idaho College	Price	3 pm
Feb. 15	Colorado NW CC	Price	3 pm
Feb. 20	Salt Lake CC	Salt Lake City	5:30 pm
Feb. 22	Snow College	Ephraim	3 pm
Feb. 27- Mar. 1	SWAC Tournament at Snow College in Ephraim, UT		

FOR INFO CALL 613-5371

CJ'S DO-IT CENTER
710 East Main, Price • 636-8100

CARBON REC OUTDOOR TOURS

This is the year you must see Range Creek.

Range Creek has been referred to as "The Secret Canyon." It has been the subject of documentaries on Scientific American, KUED Television, and Time Team America. Stories have appeared in numerous magazines like National Geographic and Smithsonian.

9-Mile Canyon has been called the longest art gallery in the world. Some of the most famous petroglyphs on Earth are found here.

These canyons were the home of the Fremont Indian culture for over a thousand years. They mysteriously disappeared about 800 years ago, leaving behind innumerable clues to their rich history.

Tucked away in an isolated canyon in Eastern Utah, Range Creek Canyon was virtually unknown to the world for 100 years. In 2003 the owners sold the property to the state of Utah. The canyon is now managed by the University of Utah Museum of Natural History.

The San Rafael Swell is filled with mysteries to explore, some that date back thousands of years.

Carbon Rec has been doing tours in 9-Mile Canyon and the San Rafael Swell for 20 years and initiated tours in Range Creek Canyon nine years ago.

You will travel in air-conditioned vehicles from Price. Layne Miller and/or Juanita McEvoy will be your guide(s) on this remarkable journey through time. Together they have over 30 years of guiding experience. Their many stories add significantly to your experience.

2014 Tour Dates

Range Creek June 28 • Sept. 6 • Sept. 13

Sept. 14 • Sept. 19 • Sept. 26 • Sept. 27 • Oct. 11

9-Mile Canyon May 17 • Sept. 28

San Rafael Swell April 26 • Oct. 4

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Community Ice Skating Party

January 11 at the Fairgrounds Ice Rink. RSVP by January 8.

FREE chili, hot chocolate and skate usage.

Must RSVP for skate usage by January 8. Skate sizes are limited and are reserved on a first to RSVP basis. Skate usage reserved in one-hour blocks from 11 a.m. to 2 p.m. Lunch served from 11:30 a.m. to 1 p.m.

Carbon Leisure is intended to be a comprehensive guide to recreation and lifelong learning opportunities in Carbon County. It is published three times a year; in May, August, and December. Our goal is to include all recreation, lifelong learning, adventure, and enrichment programs. If your program is not in this issue, call Carbon Rec for information about how your organization can be involved.

Sun Advocate

845 E. Main St., Price • 637-0732

CARBON REC

Schedule of Programs, Classes, Activities, & Events • Winter 2014

The Recreation Office is located in Price at 30 East 200 South
435-636-3702 • www.carbonrec.com

2014 Activity Calendar

Visit our website often. We add activities regularly.

ONGOING	Youth Wrestling	June 23	Soccer Camp Begins
ONGOING	Power Tumbling	June 28	Mike Ballard Memorial Golf Tournament
Jan. 7	2nd Grade Basketball Deadline	June 28	Range Creek Tour
Jan. 8	RSVP Deadline for Ice Skating Party	July 5	Wall at Pleasant Valley Days
Jan. 9	Women's Volleyball Deadline	July 7	Tennis Lessons Begin — Session 2
Jan. 10	K-1 Instructional BB Deadline	July 7	Football Camp Begins
Jan. 11	Community Ice Skating Party	July 12	Greek Festival 5K
Jan. 13	Instructional Basketball Begins	July 12	Wall at East Carbon Community Days
Jan. 14	Photography Group Meeting & Class: Making sense of your new camera	July 15-16	CPR/First Aid Classes
Jan. 21-22	CPR/First Aid Class	July 19	Wall at Wellington Pioneer Days
Feb. 13	USU Eastern Youth Baseball Camp	July 23	Co-ed Softball Deadline
March 6	Soccer Registration Deadline	July 25	International Days Kids Day – Climbing Wall
March 6	Youth Volleyball Deadline	July 26	International Days • 5K Run/Climbing Wall
March 11	Photo Group Meeting	Aug. 4	Basketball Tourn/Horseshoe Tourn
March 12	Umpire Clinic	Aug. 8-9	Basketball Camp Begins
March 13	Baseball/Softball Scorekeeping Clinic	Aug. 9	County Fair • Softball Tourn/Climbing Wall
March 18-19	CPR/First Aid Class	Aug. 16	County Fair Mud Run
March 22	Tobacco Awareness Fun Run	Sept. 4	Helper Arts Festival 5K Run
April 5	FREE Soccer Clinic	Sept. 4	Soccer Deadline
April 14	Tennis Lessons Begin	Sept. 5	Flag Football Deadline
April 26	Firefighters 5K Run	Sept. 6	Hope Walk - Suicide Awareness
April 26	CHS Spring Swing Softball Tournament	Sept. 11	Range Creek Tour
April 26	San Rafael History/Culture Tour	Sept. 13	Youth Volleyball Deadline
May 1	Adult Softball Deadline	Sept. 14	Range Creek Tour
May 17	9-Mile Canyon Tour	Sept. 16-17	Range Creek Tour
May 17	Mental Health Awareness 5K	Sept. 19	CPR/First Aid Classes
May 20-21	CPR/First Aid Class	Sept. 25	Range Creek Tour
May 22	T-Ball Deadline	Sept. 26	Co-ed Volleyball Deadline
May 23-24	Girls Softball 12U Tournament		Range Creek Tour
May 30-31	Girls Softball 14U Tournament		
June 2	Day Camp Begins		
June 9	Tennis Lessons Begin — Session 1		
June 9	Baseball Camp Begins		
June 13	Lunatic Triathlon		
June 14	\$10 RIVER TRIP! on the Green River		

Recreation Policies

Pre-registration is required for all programs. Programs have a minimum participation requirement and will be cancelled if there are not enough registrations. Register early, some programs fill to capacity.

Due to circumstances beyond our control, some details may change. Call to confirm dates and times.

All registrations must be made at the Recreation office. Schools cannot accept registrations.

Financial assistance is available to children from families who qualify. If you cannot afford a program, ask. Assistance may be available.

Carbon Rec has a strict refund policy. In some instances refunds cannot be given, such as deposits for workshops or rental equipment. Please ask about the refund policy before registering.

Registration/refund policy — Program fees must be paid prior to participation in any activity. You may register over the phone, but only by using a credit card to pay for the program. In some instances, no refunds or credit slips will be issued, such as deposits paid for workshops or rental equipment. Ask for a copy of the refund policy before you register.

If a program is cancelled, a cash refund will be given. Cash refunds will not be given in any other instance. A credit slip may be issued, depending on the specific program.

HOLIDAY INN

838 Westwood Blvd., Price • 637-8880

COMMUNITY EDUCATION

T.E.A.M FITNESS

Monday & Wednesday
8:30am & 6:30pm

Helper Auditorium
19 s. Main street
Helper, Utah

A Carbon County Recreation Program

NOW OFFERING:

Tae Bo® Fitness, Bokwa® Fitness, Boxing, Muscle Toning & more.

\$20 – Month ~ \$10 - 4 class pass ~ \$3 – Class



INSTRUCTORS

April Larsen 650-7196 - Pam Jewkes 820-1369 - Jamill Tapia 630-1083

Photography Group

Join avid photographers to share photos, talk about photographic techniques, learn from one another, and schedule outings.

This is not a club and there are no dues. It's just a group of people who share an interest in photography. All meetings are at the Carbon Rec office at 5:30 unless otherwise listed. Everyone is welcome, beginner to pro.

Schedule

Jan. 14 – You got a new camera for Christmas. Now what?

Feb. (Date pending) - HDR Photography • Presentation by George Ingram

March 11 - What's in your bag?

April 8 - open meeting

May 13 - open meeting

Join the group at: groups.yahoo.com/group/CarbonPhotographers

Carbon Rec maintains a small photography library. Although the books are not allowed out of the office, anyone is welcome to come to the office and utilize the resources.

www.carbonrec.com

First Aid/CPR Certification

National Safety Council Certification

Instructor: Barbara Robinett

Jan. 21-22, March 18-19, May 20-21. July 15-16, Sept. 16-17, Nov. 18-19

Fee: \$40 (instruction manual included). Registration and payment must be made in advance.

Must pre-register. On-site registration is an additional \$10 and you may be turned away.

Is it worth a few hours of your time to be prepared to save the life of someone you love?

Recreation – the benefits are endless

Despair is one of the biggest problems facing today's youth. Parents can do nothing more significant in a child's life than to help the child find something he/she is passionate about. Passion overcomes despair.

That passion can come in the form of sports, art, music, outdoors, photography, animals (horses, dogs, etc.), nature, computers, cooking . . . the list goes on and on . . . A Carbon Rec goal is to offer the most programs possible in an effort to help people find their passion.

Children who have a passion in life have something to look forward to. People who have something to look forward to do better in school . . . and in life. (Don't we all?)

Let us help you find your passion

Carbon County Chamber of Commerce

81 North 200 East, Price, UT 84501

435-637-2788 • www.carboncountychamber.net

MAIN STREET GRILL

715 E. Main St., Price • 636-3463

Carbon County Recreation Registration

You may be required to complete another registration form, depending on the program you are registering for.
One registration per person, per program.

Program	_____		
Name of Participant	_____	Male	Female
Legal Guardian (if under 18)	_____		
Address (Street, city, zip)	_____		
Age	_____	Grade	_____ School
Telephone	_____	Emergency Telephone	_____
Email Address (Optional)	_____		
Medical Insurance Provider	_____	Group Number	_____

I have these medical conditions that may affect my ability to participate safely in this activity
(all medical conditions must be disclosed):

I am currently taking these medications:

By signing this agreement, the participant and legal guardian(s) agree to the following terms:

1. You are responsible for your own safety. Do not do anything you do not accept full personal responsibility for doing.
2. To immediately obey instructions of guides, instructors, and program directors. This if for your own safety.
3. Some recreation activities are potentially dangerous. Injury or even death may occur, even though all precautions are taken.
4. All participants must seek health advice from a medical professional before engaging in vigorous activities. Failure to do so could result in serious injury. Carbon County Recreation is not responsible for people pushing themselves beyond their physical ability.

I understand vehicle travel is one of the most dangerous activities a person can be involved in. I understand accidents occur and people are injured due to accidents. It is a fact of life. I recognize it and hold no one responsible while I am riding in a Carbon County vehicle, regardless who is responsible for the accident.

Acknowledgement of risk and liability release

I understand recreation activities can be potentially dangerous. I will seek advice from a medical professional prior to undertaking rigorous physical exertion. If I choose not to do this, I accept responsibility for all consequences. With this understanding, I agree to all terms and conditions listed herein. I realize that signing this document is not a mere formality, but a legal document and recognize its validity in a court of law.

I, the undersigned, have read and understand the above warnings, and do hereby agree to release and agree to hold harmless Carbon County and Carbon County Recreation, as well as instructors, volunteers, and sponsors, of all claims, demands, actions, and causes of action at law or equity, arising by reason or in manner growing out of participation in recreation activities and events. I understand no insurance is provided, and accept full responsibility for securing appropriate medical insurance. I agree to reimburse Carbon County for any loss sustained from actions taken in accordance with the program I am registering for or this agreement.

In addition, I certify that I am in good physical condition and that I have no medical problems that will prohibit my safe participation in this program. I accept full responsibility for my wellbeing and hold no one responsible for anything that may happen to me while participating in this program, regardless who may be at fault.

My image may be used in any and all promotional material associated with Carbon Rec.

I have read and understand this agreement and agree to abide by its terms and conditions.

Participant	_____	Date	_____
Legal Guardian	_____	Date	_____

Office use only

Date Paid	Amount Paid	Receipt #	Check	Cash
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The philosophy of Carbon Rec 435-636-3702

The mission of Carbon Rec is to provide recreation and lifelong learning opportunities to every resident of Carbon County.

We attempt to keep costs as low as possible in all programs. Thanks to the County Commission and Carbon School District, fees are half that of many other communities.

People who are involved in wholesome recreational activities are happier and better adjusted than people who are not. We do not give cash prizes nor banquets. Prizes for league champions are modest in nature. Participation is always our emphasis, not winning.

Our goal is to exceed the expectations of every participant in every program. While that is not always possible, that is always our goal. If we come up short, we want to hear from you. Constructive criticism can be very productive and is always welcome.

We will never turn a child away from a program for inability to pay. If you can't afford a program for your child, ask us. We may be able to help.

We are proud to offer the most diverse recreation program in the state. Even so, we are always looking to broaden our offerings. It is our pledge that we will offer anything that fits within our mission and that the community will support. If you want to do something, call us. If you have a talent you would like to share with the community, call us. We are always open to new ideas.

Email:
Steven.Christensen@carbon.utah.gov
Frank.Ori@carbon.utah.gov

R&A MARKET

408 S. Main, Helper • 472-3301

CARBON REC SOCCER

Registration deadline:
March 6

For all ages 4 and up
Fee: \$37 with Jersey,
\$25 without

Early bird discount:
\$32 with jersey,
\$20 without IF PAID
BY March 6.

All players need a jersey.
You need not purchase
a new one if you have
one from past seasons.

Games will be played on
Tuesdays, Thursdays, and some Saturdays at the Carbon County
Fairgrounds Ballfield Complex.

**FREE SKILLS CLINIC SATURDAY, APRIL 5 This will
be provided in conjunction with the CHS soccer
program, coordinated by head coach Keith Palmer.**



The emphasis of Carbon Rec soccer is for your child to have a fun, non-competitive experience. There will be plenty of time for your child to experience the more competitive aspects of sports as he/she gets older. For now, help them learn the game, develop skills, and above all, HAVE FUN! We do everything possible to keep fees low. **CALL 636-3702**

COUPON

GOOD FOR \$5 OFF YOUR SOCCER REGISTRATION

GOOD ONLY AT CARBON COUNTY RECREATION

Coupon expires March 7, 2014

This coupon cannot be duplicated



Come be a part of a great new youth soccer league in town. **Price Youth Soccer Association (PYSA)** is a non-profit soccer league that specializes in advancing your child's soccer skills with a lot of fun.

Spring Season starts April 2, 2014

Spring 2014 Registration deadlines:

1- March 1, 2014

2- Early bird registration by Jan 1, 2014 (get \$5 discount)

Register at:

PriceYouthSoccer.com

THE FAMILY CLINIC

280 N. Hospital Dr., Price • 637-6348

YOUTH SPORTS

Second Grade Developmental Basketball League

Registration deadline January 7 • Fee: \$25

League will be played on Saturday mornings at Creekview Elementary. Emphasis will be on skill development, teamwork, and sportsmanship. We do not keep score or standings in this league

K-1 Instructional Basketball

Registration deadline January 10 • Begins the week of January 13 • Fee: \$20

Play will be one day each week immediately after school for six weeks. Mondays at Wellington & Pinnacle Canyon, Tuesdays at Sally Mauro, Wednesdays at Castle Heights, Thursdays at Creekview

Youth Volleyball

For ages 10 and up

Registration deadline March 6 • Fee: \$28

Sessions will be clinic format. Emphasis will be on learning fundamentals, team concepts, and game situations. Program will be run by USU Eastern volleyball players.

Tumbling

Instructor: Pineau Nielson

Tuesdays – at the Lighthouse High School

Fee: \$18 per month

Tots at 3:15, for ages 3-6

Beginners at 4 pm, for ages 7-9

Advanced at 5 pm, for ages 10 and up

Tennis

For youth and adults

Begins April 14 • Fee: \$20 • Eight lessons

Lessons on Mondays and Wednesdays

Wrestling (practice only)

REGISTER NOW • for kids 5 years old and up

Fee: \$35 – Fee is for practice only. Fee does not include membership in USA Wrestling, fees for tournaments, transportation to tournaments, or personal equipment

WE NEED PARENTS TO STEP UP AND VOLUNTEER TO HELP WITH THIS PROGRAM

ASA Sanctioned Girls Softball Tournaments

May 23-24 for age 12 and under • Registration deadline: May 2, 16-team limit

May 30-31 for age 14 and under • Registration deadline: May 9, 16-team limit

Fee: \$350 per team • 4-game guarantee • Call Carbon Rec for more information



CARBON REC RIVER TRIPS ARE BACK!

On June 14 join us for a day on the Green River FOR JUST \$10!

**THAT'S RIGHT, \$10!
JUNE 14 ONLY!**

Like us on Facebook

Ask questions and get answers. We update a calendar of events and activities regularly and provide information about new programs. We're constantly evolving. Facebook is a good way to stay in touch.
www.facebook.com/carbonrec

Off Highway Vehicle Driver Training

877-887-2757

Offered by Utah State Parks & Recreation
<http://www.offroad-ed.com/ut/index.htm>

Hunter Safety

435-613-3700

All classes are scheduled through the Division of Wildlife Resources

Utah Safety Council

800-933-5943

Safety and First Aid Training

Food Handlers Permit Classes

435-637-3671 • Fee: \$20

Through SE Utah Health Dept.

Scheduled monthly. Check with the Health Department for dates

RIVER TRIPS ARE BACK! Book and pay for a summer trip by May 1 and pay just \$200 for 16 people. That's less than half the regular price!

J.D.I. BETHEL 3

Price • 630-0270 call for information about
our bethel

MORE SPORTS . . .

Women's Indoor Volleyball

Registration Deadline: January 9

Fee: \$255 • **Early bird discount is \$230 if paid by January 9**

League will be played on Tuesday evenings.

The league will be split into divisions if there are enough teams.

No teams will be placed on a schedule until the league fee is paid in full. Carbon Rec accepts Visa, Mastercard, and Discover credit cards to make payment easy.

Adult Softball

Registration deadline: May 1

Men's League fee: \$500 • **Earlybird discount if paid in full by May 1: \$470**

Women's League fee: \$430 • **Earlybird discount if paid in full by May 1: \$400**

Men's leagues will play on Monday and Thursday evenings. An Ice Breaker tournament will decide divisions. Each division is limited to 12 teams.

Women's league will play on Tuesday evenings. Women's teams will get one extra week of league play in lieu of an opening tournament.

Carbon Rec accepts Visa, Mastercard, and Discover. No team will be placed on a league schedule until the fee is paid in full. Earlybird discount applies only if the fee is paid in full by May 1.

NO EXCEPTIONS!

Umpire Clinic • FREE

March 12, 5:30 p.m. at the Recreation Office

Must register by March 10; Must have at least six people registered by March 10 to hold the class.

This clinic is required for anyone who is interested in working as an umpire for Carbon County Recreation. It is recommended for anyone who is thinking about being an umpire for youth baseball.

Scorekeeping Clinic • FREE

March 13, 5:30 p.m. at the Recreation Office

Must register by March 11. Must have at least six people registered by March 11 to hold the class.

This clinic is a must for anyone who will be involved with youth baseball.

USU Eastern Youth Baseball Camp

February 13, 6-8 p.m. at the BDAC • Must register at the BDAC

Fee: \$30 per participant • For all boys and girls age 8-18

Instruction will be by USU Eastern Head Baseball Coach Scott Madsen, USU Eastern Assistant coaches and players. The focus will be on fundamental skills, game concepts, team play and sportsmanship. If your child is planning on playing youth baseball this camp is a great tune up before the season gets underway. For more information call Scott Madsen at 435-613-5639

RUNNING EVENTS

March 22	Tobacco Awareness Fun Run - Health Dept 637-3671
April 26	Firefighter 5K (non-paved roadway) - Carbon Rec 636-3702
May 17	Mental Health Awareness 5K - Carbon Rec 636-3702
June 13	Lunatic Triathlon - Scott Merrell 613-7894
July 12	Greek Festival 5K - Carbon Rec 636-3702
July 19	Crandall Canyon Half Marathon, 5K, 10K - B Stoddart 650-2195
July 26	International Days 5K - Carbon Rec 636-3702
Aug. 9	County Fair Mud Run - Rhonda Peterson 636-3214
Aug. 16	Helper Arts Festival 5K - Carbon Rec 636-3702
Sept. 5	Hope Walk - Health Dept. 637-3671
Sept. 6	Little Grand Canyon Marathon, Half M, 10K - B Stoddart 650-2195
Sept. 27	Active Re-entry 5K Run, Walk & Roll - Active Re-entry 637-4950
Oct. 4	Domestic Violence Awareness 5K - Carbon Rec 636-3702

For more information about each event go to www.carbonrec.com or call Carbon Rec or the number listed. All Carbon Rec races are \$15 per person with an event t-shirt, or \$25 for a family with no t-shirts. Additional t-shirts are \$5 each. This is for Carbon Rec events only.

OUTDOOR EQUIPMENT RENTALS

We have lots of outdoor equipment for rent. Some things we have:

Cross Country Skis

Snowshoes

Ice Skates

Rafts

Inflatable Kayaks

River gear for multi-day trips

Backpacks

Camping equipment

This is a general list of what we have. If you need something, call. We may have it.

ICE SKATE RENTAL

Rent early, sizes are limited!

\$5 per pair or two pair for \$8

Group rentals: \$3 per pair (10 or more pairs)

WORKMEN'S MARKET

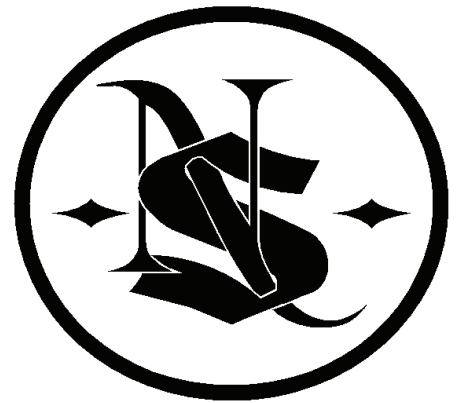
101 W. 200 N., Helper • 472-3449



The best
shooting
range in
the state!

DIRECTIONS:

*The range is 15
miles southwest
of Price. Take
SR-10 South from
Price and follow
the signs.*



*North
Springs*

SHOOTING RANGE

Ranges include long distance (up to 1,000 yards), pistol, law enforcement (open to law enforcement only), archery (traditional and 3D targets), cowboy town, and trap facility.

Public Summer hours (April 1 through Sept. 30)
2 to 8 p.m. Thursday and Friday
11 a.m. to 8 p.m. Saturday and Sunday

Public Winter hours (Oct. 1 through March 31)
10 a.m. to 6 p.m. Thursday through Sunday

Closed ALL holidays

Some events may be scheduled at other times.
Call the Range for information.

Concealed carry permit classes scheduled regularly.

Watch the calendar for the next class.



Events may limit access to some venues. If you're coming from outside the area, please call to make sure the venue you want is available.

A calendar of events can be seen at: <http://www.carbon.utah.gov/nssr/>

Call us at 435-636-3705 or email recinfo@carbon.utah.gov

SUTHERLANDS
406 S. Hwy. 55, Price • 613-1512

Carbon County Senior Activities Center

450 South Fairground Way

Price Activities

Lunch: M-F at Noon

-60 yoa must pay \$6.25

60 yoa and above suggested donation of \$3.00

Ceramics: M-F at 10:00am –4pm

Quilting & Sewing: Mon & Thurs at 10am

Needle Arts: Tues. at 10am

Oil Painting Class: Monday at 1:00pm

Line Dancing: Mon, Tues & Thurs at 9am

Bowling at Jensen's Country Lanes: Fri at 1pm

Movie: Tues at 1pm (call for movie title)

Billiards: M-F 8am –4pm

Bingo: Weds 1pm

Shopping: Mon & Thurs at 1pm

Computer Lab: M-F 8am-4pm

Fitness Room: M-F 8am –4pm

Organ Lessons: Thursday 11am and 1pm

Game Room: M-F 8am-4pm

Health Clinic: 2nd & 4th Monday at 10am

And 3rd Tues at 10:30am

Pilates: Tues & Thurs at 10:30am

Health Talks: 3rd Mon. of the month at 11am

Zumba: Wed. & Fri. at 10am

Free Toenail Clinic: 4th Tues of the month ~

Please make appointment by calling the center

People under 60 must have a senior sponsor for all activities.

Price, 636-3202

East Carbon Activities

636-3703/888-2194

Lunch: M-F at 12:30pm

Line Dancing: Wed at 9:00am at Sunnyside City Hall

Bingo: Mon & Wed at 1:30pm

Shopping: Friday at 1:30pm

Billiards: M-F 8am– 3pm

Ceramics: Mon. 10a

Crochet/Embroidery Class: Tues & Thurs at 10a

Blood Pressure Clinic: 1st Mon. 11:30am & 3rd
Tues. 11:45am

Card: Mon., Tues & Thurs 1:00pm

Movie: 4th Weds at 1:15p

Friday is kickback: Cards/ Whatever 1:15pm

Exercise Class: Tues at 11:30a

Call the Senior Center for up
coming trips for 2014

CARBON HIGH SCHOOL ATHLETIC SCHEDULES

Boys BASKETBALL

Date	Opponent	Soph	JV	Varsity
Jan. 3	South Sevier	3:30	5:15	7:00
Jan. 7	@ Emery	4:00	5:30	7:00
Jan. 15	@ North Sanpete	3:30	5:15	7:00
Jan. 17	Richfield	3:30	5:15	7:00
Jan. 22	@ Juab	3:30	5:15	7:00
Jan. 24	Bye			
Jan. 29	Payson	3:30	5:15	7:00
Jan. 31	North Sanpete	3:30	5:15	7:00
Feb. 5	@ Richfield	3:30	5:15	7:00
Feb. 7	Juab	3:30	5:15	7:00
Feb. 12	Bye			
Feb. 14	@ Payson	3:30	5:15	7:00
Feb. 21	1st Round State, details pending			
Feb. 27-March 1	State Tournament, details pending			

TENNIS

Date	Opponent	Location	
March 19	*Maeser Prep	Price	
March 20-22	St. George Tournament	St. George	*Varsity matches
March 25	*@ Grand	Moab	start at
March 27	*@ Springville	Springville	3 p.m.
April 2	*@ Union	Roosevelt	JV matches
April 3	*Gunnison	Price	start
April 8	*Richfield	Price	as courts
April 10	*Payson	Price	become
April 15	*@ N. Sanpete	Mt Pleasant	available.
April 22	*@ Payson	Payson	
April 24	*N. Sanpete	Price	
April 29	*@ Richfield	Richfield	
Date TBD	JV Tourney	Site TBD	
May 2-3	Regional Tournament	Ephraim & Manti	
May 9-10	State Tournament	Liberty Park, SLC	

GIRLS BASKETBALL

Date	Opponent	Soph	JV	Varsity
Jan. 4	Uintah	1:00	2:45	4:30
Jan. 7	Grantsville (Endowment)			7:00
Jan. 10	Juan Diego	3:30	5:15	7:00
Jan. 14	North Sanpete	3:30	5:15	7:00
Jan. 16	@ Richfield	3:30	5:15	7:00
Jan. 21	Juab	3:30	5:15	7:00
Jan. 24	Emery	3:30	5:15	7:00
Jan. 28	@ Payson	3:30	5:15	7:00
Jan. 30	@ North Sanpete	3:30	5:15	7:00
Feb. 4	Richfield	3:30	5:15	7:00
Feb. 6	@ Juab	3:30	5:15	7:00
Feb. 13	Payson	3:30	5:15	7:00
Feb. 21	1st Round State			
Feb. 27-March 1	State Tournament, details pending			

SOFTBALL

Date	Opponent	Varsity	JV	Soph
March 11	@ Emery	3:00	5:00	3:00
March 13	@ Pineview	10 am		
March 13	@ Hurricane	3:00	5:00	
March 14-15	Snow Canyon Tournament, details pending			
March 18	@ North Sanpete	3:30	5:30	3:30
March 20	Richfield	3:30	5:30	3:30
March 25	@ Union	3:30	5:30	
March 28	@ Juab	3:30	5:30	3:30
March 29	Payson Junior Varsity Tournament, details pending			
April 1	@ Payson	3:30	5:30	3:30
April 4	North Sanpete	3:30	5:30	3:30
April 11	@ Richfield	3:30	5:30	3:30
April 15	Payson	3:30	5:30	3:30
April 22	@ Richfield	3:30	5:30	3:30
April 23	@ Park City	3:00	5:00	
April 24	Emery	3:30	5:30	3:30
April 29	Payson	3:30	5:30	3:30
April 30	Juab	3:30	5:30	3:30
May 2	@ Juab	3:30	5:30	3:30
May 6	@ North Sanpete	3:30	5:30	3:30
May 10	1st Round Play-off Games			

SWIMMING

Jan. 10 at home against Richfield
Jan. 16 at home against Emery
Jan. 22 in Uintah
Jan. 30 Region in Richfield
Feb. 14-15 State at BYU

TRACK

March 8	Grand Invitational Moab *Q	April 19	Emery Darrel Gardner Invitational *Q
March 12	Richfield	April 26	San Juan Eastern Utah Championships *Q
March 28-29	Pine View invitational *Q	May 2-3	BYU Invitational *Q
April 5	Uintah Invitational *Q	May 7	Region Championship @ Juab *Q
April 12	Carbon Invitational *Q	May 16-17	State Championship @BYU
		*Q means it is a State Qualifying Meet	

BODY GLO DAY SPA
60 W. Main, Price • 637-9189

WRESTLING

Jan. 10-11	Tournament of Champions; Times pending
Jan 16	Juab @ Carbon; 5pm JV & 7pm Varsity
Jan 22	Carbon @ N Sanpete; 5pm JV & 7pm Varsity
Jan 23	South Sevier @ Carbon; 5pm JV & 7pm Varsity
Jan 28	Carbon @ North Sevier; 5pm JV & 7pm Varsity
Jan 30	Carbon @ Richfield; 5pm JV & 7pm Varsity
Feb. 7-8	Regionals @ Sevier Valley Center; Times pending
Feb. 14-15	State Tournament @ Maverick Center; Times pending

Boys Soccer

Date	Opponent	Varsity	JV
Feb. 27	Grantsville	3:30	5:00
March 4	Union	3:30	5:00
March 6	@ Spanish Fork	3:30	5:00
March 7	Clearfield	3:30	5:00
March 11	@ Provo	3:30	5:00
Mar 14	@ Payson	3:30	5:00
March 19	Richfield	3:30	5:00
March 21	North Sanpete	3:30	5:00
March 25	@ Juab	3:30	5:00
April 2	Juab	3:30	5:00
April 4	Payson	3:30	5:00
April 10	@ Bear River	3:30	5:00
April 15	@ Uintah	4:00	5:30
April 23	@ Richfield	3:30	5:00
April 25	@ North Sanpete	7:00	5:30
May 1	First Round state playoffs	TBA	
May 3	State quarterfinals	TBA	
May 9	State Semi-Finals	TBA	
May 10	State Finals	TBA	

BASEBALL

Date	Opponent	Time
March 7-8	Pizza Hut Classic	TBA
March 14-15	Desert Hills Invitational	TBA
March 18	@ Union	3:30 pm
March 20	vs. Emery	3:30 pm
March 28	vs. Union	3:30 pm
April 1	@ Richfield	3:30 pm
April 3	vs. Richfield, DH	3:00 pm
April 8	@ Murray	3:30 pm
April 15	vs. Payson	3:30 pm
April 17	@ Payson, DH	3:00 pm
April 22	vs. N Sanpete	3:30 pm
April 24	@ N Sanpete, DH	3:00 pm
April 29	@ Juab	3:30 pm
May 1	vs. Juab, DH	3:00 pm
May 6	@ Grantsville	3:30 pm
May 10	State Playoffs	TBA
May 15-17	State Tournament @USU	TBA

CHS Spring Swing Slowpitch Softball Tourney April 26

Fee: \$175
All proceeds go
to the CHS Soft-
ball program.
Register at
Carbon Rec
636-3702

FITNESS WORLD

435-613-5111 --- 47 W Main

WWW.FITNESSWORLDPRICEUTAH.COM

WWW.FACEBOOK.COM/FITNESSWORLDPRICEUTAH

FITNESS WORLD IS A MONTH TO MONTH GYM WITH NO SIGN UP FEES OR LONG TERM CONTRACTS! KEYLESS ENTRY!

Aside from our 32 fitness classes a week, we offer a full weight room equipped with: weight machines, free weights, treadmills and bikes! A children's room is available, however there is no babysitter on duty.

ASK ABOUT OUR STUDENT AND SENIOR DISCOUNTS!

YOUR FIRST CLASS AT FITNESS WORLD IS FREE!

ZUMBA TONING: M-W @ 7:00 PM, T-TH @ NOON

CIRCUIT KICKBOX: TH @ 6-6:45

PILATES: M-W-F @ 8:30 AM, W @ NOON

KICKBOXING: T-TH @ 8:45 AM, T-TH @ 7:00 PM

STRENGTH/CIRCUIT: W @ 5:15 AM, T-TH @ 5:45PM

DANCE AEROBICS: M & F @ 5:15 AM

STEP/SCULPT/TONE: M-T-TH @ 4:00 PM, W @ 5:45 PM,

TURBOKICK: M @ NOON, F @ NOON, M @ 5:45 PM

YOGA: T @ 6-6:45 AM

BOOTCAMP: SAT @ 9-10:30 AM

PRICES (we pro-rate through the month):

SINGLE MEMBERSHIP: \$30/MONTH

COUPLE MEMBERSHIP: \$45/MONTH

FAMILY MEMBERSHIP: \$55/MONTH

(couple and family memberships are **IMMEDIATE FAMILY/SAME HOUSEHOLD** only!)

24 HR. KEYLESS ENTRY (for members only): \$5/MONTH

DAY GYM OR SINGLE CLASS: \$3

**EASTERN UTAH
COMMUNITY CREDIT UNION**
675 E. 100 North, Price • 637-2443

Community contacts and resources

Active Re-Entry Independent Living Center • 435-637-4950
Adult Education • 435-613-3136
Avalon House - Transitional Housing • 435-472-2028
Baby your Baby • 435-637-3671
Boy Scouts, Price Office • 435-637-8059
Bureau of Land Management, Price • 435-636-3600
Carbon County Animal Shelter • 435-636-3747
Carbon/Emery Rape Crisis Line • 866-894-8610
Carbon County Food Bank • 435-637-9232
Carbon County Chamber of Commerce • 435-637-2788
Carbon County Fairgrounds • 435-636-3214
Carbon County 4-H • 435-636-3233
Carbon County Recreation • 435-636-3702
Carbon Retired Senior Volunteers • 435-636-3204
Carbon School District • 435-637-1732
Carbon County Senior Citizen Center • 435-636-3202
Castle Country Travel Bureau • 435-636-3701
Child Care Resource and Referral • 435-613-5619
Children's Justice Center 435-636-3739
Coal Country Housing Management • 435-637-5170
Desert Lake Waterfowl Mgmt Area • 435-653-2900
Desert Wave • 435-637-SWIM (7946)

Division of Wildlife Resources • 435-613-3700
Division Of Child & Family Services • 435-636-2360
Early Headstart Program • 435-613-9492
Emergency Assistance, Assoc. of Local Govt. • 435-637-9232
Domestic Violence Program • 435-381-4743
Family Support Center • 435-636-3739
Forest Service, Price • 435-637-2817
Forest Service, Ferron • 435-384-2372
Four Corners Mental Health • 435-637-2358
Habitat For Humanity • 435-637-9701
Health Dept. Carbon County • 435-637-3671
Health Dept Emery County • 435-381-2252
Health Department (Emery) WIC • 435-381-2252
Housing Authority Carbon County • 435-637-5170
Hunter Safety Program • 435-613-3700
Huntington State Park (Huntington Lake) • 435-687-2491
Intermountain Specialized Abuse Treatment Center • 435-637-4852
Juvenile Justice Services Castle Country Youth Cntr • 435-636-4720
Lighthouse Life & Learning Center-School District 435-637-7540
Life Line Pregnancy Assistance & Support Center • 435-636-0700
Local Interagency Council • 435-613-3145
Northeastern Services • 435-637-6134

Perkie Travels- Active Re-Entry • 435-637-4950
Poison Control • 800-222-1222
Price City Library/Library Literacy Project • 435-636-3188
Price City Parks (Reservations) • 435-636-3181
Scofield State Park • 435-448-9449
State Corrections Adult Probation and Parole 435-636-2800
United Way of SE Utah • 435-637-8911
Utah Safety Council • 800-933-5943
USU Eastern Athletics • 435-613-5371
USU-Eastern Health & Wellness Clinic • 435-613-5629
Vocational Rehabilitation • 435-636-2820
Victim Assistance - Carbon County Sheriff's Office 435-636-3250
Womens Services Castleview Hospital • 435-637-4800

Carbon School District Adult Education Learning Center

251 West 400 North in Price, UT 84501 • 435-613-3136

Hours: 11 a.m. to 6 p.m. Monday through Thursday and Friday 11 a.m. to 3 p.m.

\$50 Registration Fee • Open Entry - Open Exit • Contact Lana Keller

**IT'S NEVER TOO LATE TO FINISH SCHOOL!
YOU MAY BE CLOSER THAN YOU THINK!**

Adult High School Completion
Computer Credit Recovery System
Inter-agency Coalition
Individual Instruction
English Speakers of Other Languages

GED Preparation
Transcript/Credit Evaluation
Adult Basic Education
Computer Lab Available

Thanks to these sponsors

Price Pediatric Dental	Beehive Homes
C&C Preservation	Caterpillar
B. Hansen Construction	Tram Electric
Mine West/Carroll West	Chick Ventures
Pinnacle Nursing and Rehab	Paul Martinez DDS
Bedtime Stories Daycare	Market Express
Desert Thunder Raceway	Castleview Hospital
Taco Time	Chute Supply

Thanks to these volunteers

Danielle Pendergrass	Tiffany Noyes
Misty Peay	Seth Oveson
Alycia Sandoval	Ted Cartwright
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Sharon Dunn	Robert McEvoy
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Dalvin Bradley	Todd Oldham
Brock Marchello	Frankie Tapia
Jeremy Gunter	

PARTY EXPRESS
29 E. Main, Price • 637-3393



Winter/Spring Hours

240 East 500 North
Price, Utah 84501
435-637-SWIM

PUBLIC SWIM

WAVE POOL

MONDAY, TUESDAY, THURSDAY 5-8 PM
WEDNESDAY, FRIDAY 4-8 PM
SATURDAY 1-8 PM

CLOSED SUNDAYS

INDOOR POOL

SATURDAY 1-7 PM

BIRTHDAY PARTIES

\$35.00

INCLUDES ADMISSION FOR 10,
RESERVED TABLE WITH BALLOONS,
10 ICE CREAM CUPS, AND 10 SMALL
DRINKS.

WINTER/SPRING SWIM LESSONS

JANUARY 6TH – JANUARY 30TH
FEBRUARY 3RD – FEBRUARY 27TH
MARCH 3RD – MARCH 27TH
APRIL 7TH – MAY 1ST

*Come Check Out
Our New Swim
Lesson Program!!*

Barracudas Rock

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Level 5 & above swimmers only!!

Boys & Girls up to age 18.

Interested in becoming part of a winning team??

Call 637-7946 for tryout dates & times!!



*Come Try
Water Zumba!
Call For More
Info.*

LAP SWIM

INDOOR POOL

MONDAY-FRIDAY
5:30-8 AM, 11 AM -1 PM, 7-8 PM

WATER AEROBICS

MONDAY-FRIDAY 8:30-9:30 AM
MONDAY-THURSDAY 6:00-7:00 PM

ADMISSIONS FEES

PUBLIC SWIM

ADULT (16 AND OLDER)	\$4.00
CHILD (4-15 YRS.)	\$3.00
SENIOR	\$2.75
FAMILY OF FIVE	\$13.25
EACH ADDITIONAL	\$2.75

LAP SWIM

ADULTS (18 AND OLDER)	\$2.00
CHILDREN AND SENIORS	\$1.75

WATER AEROBICS

SINGLE ADMISSION	\$3.00
10 DAY PUNCH PASS	\$24.00
20 DAY PUNCH PASS	\$47.00
30 DAY PUNCH PASS	\$66.00

SWIM LESSONS

\$30.00 PER SESSION



SPECIALTY NIGHT

WEDNESDAY NIGHT IS \$1.00 NIGHT AFTER 5 PM!

Carbon County **Event Center & Fairgrounds**

450 S Fairgrounds Way Price, Utah

Tentative Schedule of Events

March

Home & Garden Show

April

CEMC Motocross

Carbon High Rodeo

CJC Art Auction

May

Mud Drags

June

Rock, Mineral & Fossil Show

Black Diamond Rodeo

USRA Desert Race

Search & Rescue Demolition Derby

Mike Ballard Fund Raiser

July

4th of July Celebration & Energy Days

CEMC Motocross

August

Carbon County Fair & Mud Drags

Down N Dirty Mud & Obstacle Race

Region Riding Club

September

Taste of Home Cooking School

Run Walk & Roll 5K Race

November

Turkey Trot 5K Race

December

Spencer's Wishes

Visit Our Venues

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Kid's Park • Motocross • RC Model Airport *and much more...*



435.636.3214

www.carbon.utah.gov/fairgrounds